

Wellness Service

CEREMONIES & THERAPIES

CEREMONIES

TEMAZCAL CEREMONY

A traditional Mexican ceremony of well-being and purification of the soul, spirit and body. Guided by the breath and songs transform your energy and experience a rebirth of your being.

- 1 pax (90 minutes) 8,000 MXN
- Community (90 minutes) 800 MXN
- Locals (ID require) 350 MXN

CACAO CEREMONY

Be guided through a journey to the heart. We will co-create an intimate and safe space to cultivate love and compassion for ourselves and all our relations, this ritual combines the power of Cacao, music and dance.

- Couple 120 minutes 5,000 MXN
- 3-6 pax 120 minutes 7,000 MXN
- Community (90 minutes) 450 MXN

REBIRTH CLAY CEREMONY

A therapeutic treatment where mineral-rich clay is applied to the body to detoxify, exfoliate, and nourish the skin. Draw out impurities, improve circulation, and leave the skin feeling rejuvenated.

- 1 pax (90 minutes) 3,000 MXN
- Couple (90 minutes) 5,000 MXN
- 3-6 pax (90 minutes) 1,600 MXN

HERBAL BATH CEREMONY

Immerse yourself in a rejuvenating herbal bath that will relax and detoxify your body, while experiencing an ancestral energy cleansing ritual using copal and healing sounds of the earth. Transport yourself to a state of blissful tranquility as you wash away the stresses of the day and emerge feeling refreshed and renewed.

- 1 pax (80 minutes) 3,400 MXN
- Couple (80 minutes) 5,000 MXN

MARRIAGE CEREMONY

Inspired by the "Amarre de Tilma," a sacred Mexican marriage ceremony, step back in time to the ancient Mexica traditions of pre-Hispanic. This ceremony transcends time and space, intertwining the present moment with the eternal realm. Experience a mystical union steeped in ancient symbolism, where two hearts pledge to journey together through eternity in a sacred bond of love and devotion.

- Couple (90 minutes) 7,000 MXN

ANIVERSARY / BIRTHDAY CEREMONY

Immerse yourself in a magical celebration of music, flowers, and cacao in this enchanting place. Let's create a sensory experience that honors the passage of time and celebrates the beauty of life. Join us in this sacred gathering where love, joy, and gratitude intertwine, creating a space of reverence and celebration for the special occasion.

- 1 pax (90 minutes) 7,000 MXN

CLEANSED WITH PLANTS AND EGG

Immerse yourself in a transformative ritual of purification and renewal with the sacred practice of plant and egg cleansing. Embrace the transformative energy of this cleansing ritual and step into a new realm of clarity and inner peace.

- 1 pax (60 minutes) 3,000 MXN



THERAPIES

JANZU WATER THERAPY

Coming back to the origin, to the water element holding you with love and contention a meditative water massage to be able to observe yourself without attachments & remember to re-connect once again with the source of all life an ancestral DNA that is into the element of water, to be able to relax in a meditative space, a dance back to the universal mother womb flowing.

- 1 pax (60 minutes) 4,000 MXN

BIOMAGNETISM

Alternative bioenergetic therapy with the use of magnets through kinesiological monitoring for the balance of the energy axis of the central nervous system. By applying the magnets to specific areas, we can optimize oxygenation, circulation, and may help with pain and inflammation. The restoration of optimal PH and the promotion of homeostasis allows the body to heal itself.

- 1 pax (60 minutes) 3,000 MXN

SOUND HEALING

As you relax deeply, the soothing sounds of singing bowls create vibrations that foster peace and wholeness. These melodies guide you on a journey of self-discovery, melting away tension and harmonizing your mind, body, and spirit. Experience the transformative magic of this healing sound therapy.

- 1 pax (60 minutes) 3,000 MXN
- Extra people (60 minutes) 800 MXN

REIKI

Experience the gentle yet powerful touch of universal life force energy, flowing through your body to restore balance, promote healing, and uplift your spirit. Embrace the soothing energy of Reiki and embark on a journey of holistic wellness and inner harmony.

- 1 pax (60 minutes) 3,400 MXN
- Community (60 minutes) 400 MXN

BREATHWORK

During this transformative experience, you will learn to connect with your breath as a source of healing and transformation. Release emotional blockages, gain insight into your thoughts and feelings, and elevate your consciousness to new levels.

- 1 pax (60 minutes) 3,400 MXN
- Extra people (60 minutes) 800 MXN
- Community (60 minutes) 350 MXN

KAP – KUNDALINI ACTIVATION PROCESS

Also known as 'the yoga of consciousness', this practice aims to awaken the energy, Kundalini. Achieve benefits such as: Release blockages, emotions and generational trauma, reduce stress and anxiety, Mental clarity, etc.

- 1 pax (60 minutes) 4,000 MXN

ICE BATH

The power of the breath and cold, guiding you every step of the way on a natural path to strength, health and happiness. With this breathwork and ice immersion you will reset the autonomous nervous system, activates the body's immune response, and produces noradrenaline.

- 1 pax (60 minutes) 3,800 MXN
- Couple (60 minutes) 4,000 MXN
- Community (60 minutes) 400 MXN

TAROT

Immerse yourself in the mystical world of tarot to uncover insights and guidance tailored to your unique journey. Let the ancient wisdom of the tarot unveil hidden truths and offer profound revelations to guide you on your spiritual quest. Experience a transformative session that will empower you to navigate life's twists and turns with confidence and wisdom.

- 1 pax (60 minutes) 3,700 MXN
- Community (60 minutes) by donation

IV THERAPIES – ADVANCED HYDRATION

Which consists of administering vitamins, minerals, amino acids and other nutrients directly into the bloodstream.

- Advanced hydration - 2,737 MXN
- Nightlife recovery - 2,737 MXN
- Immunity boost - 2,975 MXN
- Skin+beauty glow - 2,975 MXN
- Post workout elixir - 2,975 MXN

ASTROLOGICAL HEALING SESSION

- **Astral Chart Reading:** Chart Reading as a tool of self-knowledge for spiritual evolution.
- **Solar Return Session:** Reading of the Solar Return of the current year and other techniques (Progressed Chart, Transits and Projections), to identify in which moment of my life I am now.
- **Synastry session:** Comparative Reading of the Astral charts of a couple.

- 1 pax (90 minutes) 3,700 MXN

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MASSAGES

TRADITIONAL MASSAGE

RELAXING MASSAGE

Immerse in a deeply soothing experience. Escape the demands of the mundane world and take quality time to recover from the stress of it, with long, smooth, gliding strokes.

DEEP TISSUE MASSAGE

Give your body the help it needs to restore and rest with this realigning treatment. With slower and deeper strokes, it aims to release patterns of accumulated tension and stiffness.

ARYUVEDIC MASSAGE

This type of massage is designed to create balance among the mind, body, and spirit, and help the body heal itself. Organic oil blends are infused with Ayurvedic herbs and heated to promote relaxation and detoxification.

MAYA MASSAGE

Combining bodywork, traditional remedies, herbal knowledge, and spiritual healing, this treatment restores the body's wholeness, allowing the chu'lel (life force energy) to flow freely.

- 30 minutes 1,600 MXN
- 60 minutes 3,000 MXN
- 90 minutes 4,000 MXN

HOT STONE MASSAGE

Using smooth, heated stones to relax muscles, enhance blood flow, and reduce stress. The warmth and weight of the stones, combined with traditional massage techniques, provide a deeply soothing and rejuvenating experience.

- 60 minutes 3,600 MXN

CLAY TREATMENT

From detoxing your skin to regenerating your cells, our Clay Treatment has it all. This natural paste will give you the greatest glow up in no time. Relieve sunburn, dehydrated skin, insect bites, acne and even stress while indulging in this amazing ancestral clay.

- 60 minutes 3,600 MXN

PRENATAL MASSAGES

For pregnant women to relieve muscle tension, reduce stress, and improve circulation. Using gentle techniques, it provides comfort, enhances relaxation, and supports overall well-being during pregnancy.

- . 60 minutes *Prices from 3,600 MXN



CEREMONIAL MASSAGE

PAPAYA WRAP

A rejuvenating treatment where the body is covered in a papaya-based mixture to exfoliate, hydrate, and nourish the skin. The natural enzymes in papaya help to remove dead skin cells, leaving the skin smooth, refreshed, and radiant.

- 60 minutes 4,200 MXN

HOLISTIC MASSAGE

A therapeutic treatment that addresses the body, mind, and spirit, using a blend of techniques to promote relaxation, reduce stress, and improve overall well-being. It aims to balance the whole person, enhancing physical, emotional, and mental health.

- 30 minutes 1,800 MXN
- 60 minutes 3,200 MXN
- 90 minutes 4,200 MXN

Scheduled activities with prior confirmation at the front desk.
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May infinite blessings
be on your path