

# Wellness Service

## TRADITIONAL MASSAGE

### RELAXING MASSAGE

*Immerse in a deeply soothing experience. Escape the demands of the mundane world and take quality time to recover from the stress of it, with long, smooth, gliding strokes.*

### DEEP TISSUE MASSAGE

*Give your body the help it needs to restore and rest with this realigning treatment. With slower and deeper strokes, it aims to release patterns of accumulated tension and stiffness.*

### ARYUVEDIC MASSAGE

*This type of massage is designed to create balance among the mind, body, and spirit, and help the body heal itself. Organic oil blends are infused with Ayurvedic herbs and heated to promote relaxation and detoxification.*

### MAYA MASSAGE

*Combining bodywork, traditional remedies, herbal knowledge, and spiritual healing, this treatment restores the body's wholeness, allowing the chu'lel (life force energy) to flow freely.*

- 30 minutes 1,600 MXN
- 60 minutes 3,000 MXN
- 90 minutes 4,000 MXN

### HOT STONE MASSAGE

*Using smooth, heated stones to relax muscles, enhance blood flow, and reduce stress. The warmth and weight of the stones, combined with traditional massage techniques, provide a deeply soothing and rejuvenating experience.*

- 60 minutes 3,600 MXN

### CLAY TREATMENT

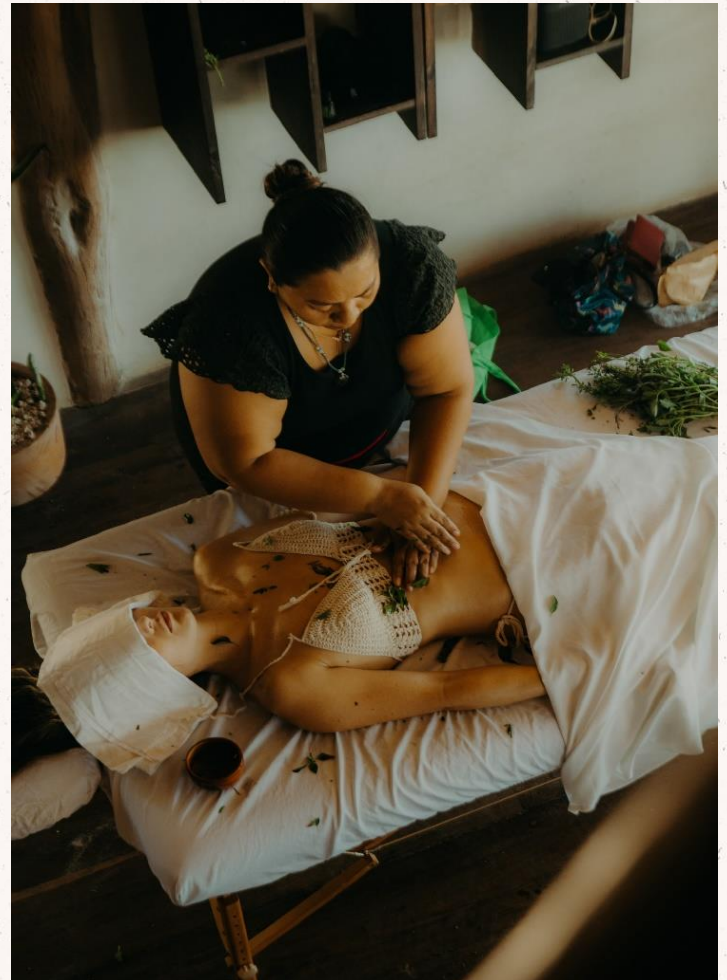
*From detoxing your skin to regenerating your cells, our Clay Treatment has it all. This natural paste will give you the greatest glow up in no time. Relieve sunburn, dehydrated skin, insect bites, acne and even stress while indulging in this amazing ancestral clay.*

- 60 minutes 3,600 MXN

### PRENATAL MESSAGES

*For pregnant women to relieve muscle tension, reduce stress, and improve circulation. Using gentle techniques, it provides comfort, enhances relaxation, and supports overall well-being during pregnancy*

- 60 minutes \*Prices from 3,600 MXN



## CEREMONIAL MASSAGE

### PAPAYA WRAP

*A rejuvenating treatment where the body is covered in a papaya-based mixture to exfoliate, hydrate, and nourish the skin. The natural enzymes in papaya help to remove dead skin cells, leaving the skin smooth, refreshed, and radiant.*

- 60 minutes 4,200 MXN

### HOLISTIC MASSAGE

*A therapeutic treatment that addresses the body, mind, and spirit, using a blend of techniques to promote relaxation, reduce stress, and improve overall well-being. It aims to balance the whole person, enhancing physical, emotional, and mental health.*

- 30 minutes 1,800 MXN
- 60 minutes 3,200 MXN
- 90 minutes 4,200 MXN